

# Minimally Invasive Surgery Approach to Lesser Toe Deformities

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## KEYWORDS

- Lesser toe deformities • Claw toe • Hammer toe • Proximal phalanx osteotomy
- Percutaneous surgery • Minimally invasive surgery

## KEY POINTS

- The AFCP/FFAS classification, with a high degree of intra and inter-observer reproducibility, provides a standardized description of lesser toe deformities.
- Whenever possible, the treatment of the cause of the deformity is considered before local procedures.
- Percutaneous toe surgery has gained in popularity in recent years.
- We propose a systematic and sequential percutaneous approach from proximal to distal based on data from the recent literature and our experience.

## INTRODUCTION

Lesser toe deformities (LTD) are frequent and have a proven negative impact on quality of life.<sup>1–5</sup> Their prevalence increases with age and gender.<sup>1–3,6</sup> Many open and percutaneous surgical techniques are described in the literature. Still, despite the frequency of LTD,<sup>4,5</sup> there are very few randomized comparative prospective studies of their treatment, and current therapeutic strategies are generally based on retrospective studies.<sup>7</sup> Despite this, percutaneous treatment of LTD is gaining popularity thanks to the safe and effective results of percutaneous forefoot surgery.<sup>8–12</sup> De Prado was the first to describe a percutaneous approach to LTD combining osteotomies, condylectomies, and tenotomies on request.<sup>13</sup> Numerous developments and variations have

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**Fig. 7.** 2 enn deformity secondary to hallux valgus (A, B). Result at 3 months after hallux valgus treatment, extensors tenotomy of the second toe and MTP dorsal arthrolysis (C, D).